



Prescribing Tip No. 204 Date: 23<sup>rd</sup> May 2018

**Update – Prescribing for gluten free food policy.**



The CCG's introduced a 'prescribing for gluten free food' policy in November 2016. Practices at the time were advised to stop prescribing **ANY** gluten free products on an FP10 and patients were to be redirected to purchase these products in the shops.

In early 2018 there was further challenge to this policy when the Department of Health and Social Care made the decision to retain access to gluten free breads and flour mixes on prescription in England.

In recent weeks there have been further discussions within the CCG's and the decision has been taken locally to uphold the policy.

**Practices are advised not to prescribe  
any gluten free products on FP10 prescriptions.**

To contact the Medicines Optimisation Team please phone 01772 214302